



Sailing Instructions for the K1 Open **at Burton Sailing Club** **on 16th & 17th May 2026**

The organising authority is Burton Sailing Club.
Email: sailsec@burtonsailingclub.co.uk
Web Site www.burtonsailingclub.co.uk

1 Rules

- 1.1 Racing will be governed by the "Rules" as defined in the Racing Rules of Sailing, the Notice of Race, and these Sailing Instructions. In the event of conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions shall prevail. This changes RRS 63.7.
- 1.2 Competitors should note that Burton Sailing Club implements the RYA Racing Charter and that they will be required to undertake to sail in compliance with the Charter, which can be found at the front of the Racing Rules of Sailing.
- 1.3 By entering and attending this event, all persons agree to abide by the Rules of Burton Sailing Club.
- 1.4 A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing. This changes rule RRS 44.1

2 Notice to Competitors

Notices to competitors will be posted on the Official Notice Board (ONB) adjacent to the front clubhouse entrance.

3 Changes to Sailing Instructions

- 3.1 Any changes in the sailing instructions will be posted one hour before the advertised starting time of the race or races concerned, on the ONB at the clubhouse.
- 3.2 Changes in the Sailing Instructions will be signalled by displaying flag "L" from the flagpole at the clubhouse. When no further changes have been made Flag "L" will be lowered after the start of the last race of that day.

4 Signals made Ashore

- 4.1 Signals made ashore will be hoisted on the flagpole located at the Clubhouse.
- 4.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 20 minutes" in "race signal AP".
- 4.3 Launching may only occur when a green or yellow flag is flying adjacent to the slipway or as directed by the Beachmaster. Competitors shall not launch when a red flag is displayed adjacent to the slipway.

5 Schedule of Races



Burton Sailing Club
Foremark Reservoir, Repton Road, Milton, Repton, Derby, DE65 6EG
Email: enquiries@burtonsailingclub.co.uk





- 5.1 The warning signal for the first race on each day will not be before 11:55 on 16th May and 09:55 on 17th May.
- 5.2 There will be a maximum 6 races over the 2 days, 3 back to back on each day. The Race Officer may run up to 4 races on either day.
- 5.3 No warning signal will be made after 15:00 on Sunday 17th May.

6 Flag Signals

- 6.1 Warning signal shall be the K1 class flag.

7 Racing Area

See Appendix 1 below.

8 Minimum Wind Strength

- 8.1 Races will not be started unless the Race Officer is satisfied with the wind strength over the whole of the course.

9 The Courses

- 9.1 Courses will be Trapezoid and/or Windward-Leeward courses. Course diagrams will be available before 16 May on the website and the ONB.
- 9.2
- 9.3 The course, along with the number of laps, will be as shown on the course board on the Committee Boat.
- 9.4 A change to the course displayed before the start will be signaled by flag L displayed from the Committee Boat.

10 Sailing the Course

- 10.1 Boats that fail to sail the course as described in RRS 28 may be protested by the Race Committee.

11 The Marks

The Course marks will be Orange inflatable pillar buoys.

12 The Start

The start line is defined as the line between the mast displaying an Orange flag on the Committee Boat and an outer distance mark flying an orange flag from its mast.

- 12.1 A boat starting later than 4 minutes after her start will be scored DNS.

13 The Finish

- 13.1 The finish line will be between the mast displaying a blue flag on the Committee Boat or a RIB, and the outer distance mark flying a blue flag or other mark of the course.
- 13.2 Boats can also be finished anywhere on the course area by a RIB displaying the W flag. The RIB will hail a boat's number when flying flag W, to signal that the boat has finished and should return to the starting area or go ashore as directed by the RIB. Boats finished under this instruction will be scored the points for the finishing place they would have received had they finished the course. This changes RRS 35 and A5.

14 Time Limits





The following time limits will apply

Mark 1 Time Limit, Time limit for the first boat to pass Mark 1. **30Mins**

Race Time Limit, Time limit for the first boat to start, sail the course and finish. **75Mins**

Finishing Window Time limit for last boat to finish after First boat **20Mins**

- 14.1 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.
14.2 Boats failing to finish within the Finishing Window shall be scored Did Not Finish.

15 Protests and Requests for Redress

- 15.1 Protests shall be written on forms available at the race control desk and delivered there within 60 minutes of the last boat finishing the race, or if races are sailed "back to back" within 60 minutes of the finish of the last of the "back to back" races.
15.2 The closing time for receipt of protests will be posted on the ONB and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the ONB at the end of the protest time limit.

16 Scoring

- 16.1 Low Point scoring system of Appendix A within *the racing rules of sailing* will apply
16.2 Minimum number of races to constitute a series will be 1.
16.3 One race is required to be completed to constitute a series. When fewer than 4 races have been completed, a boat's series score will be the total of her race scores. When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 Safety Regulations

- 17.1 All dinghy sailors will wear approved buoyancy aids, inflated if of that type, at all times when afloat.
17.2 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.
17.3 A boat that retires from a race shall notify the race committee as soon as possible.

18 Declarations

- 18.1 Signing on before each race will not be necessary although it will be necessary to have entered the series to be eligible to start a race.
18.2 A boat retiring from a race shall notify the Race Committee as soon as possible, and in any event within 30 minutes of the last race of the day, unless already notified whilst afloat.

19 Equipment and Measurement Checks

Boats will comply with measurement, and other rules, of their respective class associations

20 Disclaimer of Liability

- 20.1 Competitors participate in the event entirely at their own risk. See RRS 4, Decision to Race. The organising authority (Burton Sailing Club) will not accept any liability for material damage or personal injury or death sustained prior to, during, or after the event.

"Risk Statement"



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Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- (b) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (c) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (d) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities;
- (e) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as it can be practically provided in the circumstances;
- (f) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face the extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;
- (g) The fact that the race committee conducts inspections does not reduce the responsibilities of each competitor set out in the Notice of Race or these sailing instructions.

21 Insurance

Each participating boat shall be insured with a valid Third-Party Liability Insurance with a minimum cover of £3 million.

22 Media Rights

22.1 By participating in this event, a competitor automatically grants to the Organising Authority the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the championship, and of all of his/her material related to the championship, without compensation.

22.2 In order to manage the events, information provided by competitors will be held on a database. The management of personal information and images will comply with General Data Protection Regulations. More details are available on request



Appendix 1 Map of Lake (Club marks shown will not be used as course marks)

