



Sailing Instructions for the Burton Blizzard **at Burton Sailing Club** **on 7th & 8th March 2026**

1 Rules

- 1.1 Racing will be governed by the “Rules” as defined in the Racing Rules of Sailing, the Notice of Race, and these Sailing Instructions. In the event of there being any conflict between the aforementioned, these Sailing Instructions will take precedence at all times.
- 1.2 Competitors should note that Burton Sailing Club implements the RYA Racing Charter and that they will be required to undertake to sail in compliance with the Charter, which can be found at the front of the Racing Rules of Sailing.
- 1.3 By entering and attending this event, all persons agree to abide by the Rules of Burton Sailing Club.

2 Notice to Competitors

Notices to competitors will be posted on the Official Notice Board (ONB) adjacent to the front clubhouse entrance.

3 Changes to Sailing Instructions

- 3.1 Any changes in the sailing instructions will be posted one hour before the advertised starting time of the race or races concerned, on the ONB noticeboard at the clubhouse.
- 3.2 Changes in the Sailing Instructions will be signalled by displaying flag “L” from the flagpole at the clubhouse. When no further changes have been made Flag “L” will be lowered after the start of the last race of that day.

4 Signals made Ashore

- 4.1 Signals made ashore will be hoisted on the flagpole located at the Clubhouse.
- 4.2 When flag AP is displayed ashore “1 minute” is replaced with “not less than 20 minutes” in “race signal AP”.
- 4.3 Launching may only occur when a green or yellow flag is flying adjacent to the slipway or as directed by the Beachmaster. No sailing is permitted when a red flag is flying adjacent to the slipway.

5 Schedule of Races

- 5.1 The earliest start time and number of race results counted in the event are published in the Notice of Race.

6 Flag Signals

- 6.1 Warning signal shall be a red ‘H’ on a white background. If different fleets are given their own start time, the flags used will be confirmed at the race briefing.





7 Racing Area

See Appendix 1 below.

8 Minimum Wind Strength

8.1 Races will not be started unless the Race Officer is satisfied with the wind strength over the whole of the course.

9 The Courses

9.1 The approximate positions of the marks are shown in Appendix 1

9.2 The course configuration and the order of rounding of marks, along with the number of laps, will be as shown on the course board on the committee boat.

9.3 In the event that the course displayed is changed prior to a race starting, the race officer may indicate this by flying flag C from the committee boat mast.

9.4 The race officer will disqualify boats seen by the race team to have sailed the wrong course, including missing the line when set as a gate in the course.

9.5 The race officer may choose to run windsurfers on a separate course with a separate schedule. A decision will be made prior to the race briefing.

10 The Marks

Fixed marks are numbered 1 – 10 and are Orange painted barrels

Additional moveable marks denoted with letters X (Green barrel), Y (Yellow barrel), Z (Red barrel) may also be used.

The approximate positions of the numbered marks are shown in Appendix 1

Sections 11 to 13 only apply to the handicap races.

11 The Start

The start line is defined as the line between the mast displaying an Orange flag on the committee boat and an end of line mark flying an orange flag from its mast.

11.1 A boat starting later than 4 minutes after her start will be scored DNS.

12 The Finish

12.1 The finish line will be between the mast displaying an Orange flag on the committee boat or a RIB, and the end of line marker or other mark of the course.

13 Time Limit

13.1 The following time limits will apply

Mark 1 Time Limit, Time limit for the first boat to pass Mark 1. **30Mins**

Race Time Limit, Time limit for the first boat to start, sail the course and finish. **75Mins**

Finishing Window Time limit for last boat to finish after First boat **20Mins**

13.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.

13.3 Boats failing to finish within the Finishing Window shall be scored Did Not Finish.





Sections 14 to 15 only apply to the Pursuit race

14 The Start

- 14.1 The start line is defined as the line between the mast displaying an Orange flag on the committee boat and an end of line mark flying an orange flag from its mast.
- 14.2 The pursuit race will be 80 minutes for a Mirror Dinghy. Start times for other boats will be published prior to the briefing at the clubhouse
- 14.3 The Start time will be displayed on a flip over board on the committee boat. Boats will start when their allotted start time is displayed.

15 Pursuit Race Finish

- 15.1 At the end of the Pursuit race a single long signal will sound and a finishing boat will track around the course in reverse order to record the finishing positions. Competing boats are required to hold position relative to one another after this signal until their position has been recorded.

16 Protests and Requests for Redress

- 16.1 Protests shall be written on forms available at the race control desk and delivered there within 60 minutes of the last boat finishing the race, or if races are sailed "back to back" within 60 minutes of the finish of the last of the "back to back" races.
- 16.2 The closing time for receipt of protests will be posted on the notice board and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the notice board at the end of the protest time limit.

17 Scoring

- 17.1 Low Point scoring system of Appendix A within *the racing rules of sailing* will apply,

18 Safety Regulations

- 18.1 All dinghy sailors will wear approved buoyancy aids, inflated if of that type, at all times when afloat.
- 18.2 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.
- 18.3 A boat that retires from a race shall notify the race committee as soon as possible.

19 Declarations

- 19.1 Signing on before each race will not be necessary although it will be necessary to have entered the series to be eligible to start a race.
- 19.2 A declaration must be made ashore, not later than 30 minutes after the end of the last race, to a member of the race management team, of any retirement, not previously declared to the race management team whilst afloat.

20 Equipment and Measurement Checks

Boats will comply with measurement, and other rules, of their respective class associations

21 Disclaimer of Liability

- 21.1 Competitors participate in the event entirely at their own risk. See RRS 4, Decision to Race. The organising authority (Burton Sailing Club) will not accept any liability for material damage or personal injury or death sustained prior to, during, or after the event.





“Risk Statement”

Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- (b) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (c) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (d) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities;
- (e) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as it can be practically provided in the circumstances;
- (f) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face the extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;
- (g) The fact that the race committee conducts inspections does not reduce the responsibilities of each competitor set out in the Notice of Race or these sailing instructions.

22 Insurance

Each participating boat shall be insured with a valid Third-Party Liability Insurance with a Minimum Cover of £3 million.

23 Media Rights

- 23.1 By participating in this event, a competitor automatically grants to the Organising Authority the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the championship, and of all of his/her material related to the championship, without compensation.
- 23.2 In order to manage the events, information provided by competitors will be held on a database. The management of personal information and images will comply with General Data Protection Regulations. More details are available on request



Appendix 1 Map of Lake and Marks

