



ILCA Midlands Grand-Prix - Sailing Instructions

Burton Sailing Club

12th October 2024

1 RULES

- 1.1 Racing will be governed by the Racing Rules of Sailing 2021-2024, the Notice of Race (NOR), and these Sailing Instructions (SI). In the event of there being any conflict between the aforementioned, the Sailing Instructions will take precedence.
- 1.2 Competitors should note that the Organising authority, (Burton Sailing Club) implements the RYA Racing Charter and that they will be required to undertake to sail in compliance with the Charter, which can be found at the front of the Racing Rules of Sailing 2021-2024.
- 1.3 By entering and attending this event, all persons agree to abide by the Rules of Burton Sailing Club.
- 1.4 Any competitor deemed to not be following the prescriptions required in rule 1.3 above, may, at the discretion of the Race Officer or member of the ILCA Class Association Committee, be disqualified from the event without redress.

2 Notice to Competitors

Notices to competitors will be posted on an Official Notice Board outside the clubhouse front entrance.

3 Changes to Sailing Instructions

- 3.1 Any changes in the sailing instructions will be posted on the official notice board, not less than one hour before the advertised starting time of the race or races concerned.
- 3.2 Changes in the Sailing Instructions will be signalled by displaying flag "L" from the flagpole, located at the Clubhouse along with two sound signals.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed on the flagpole located at the Clubhouse.
- 4.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 30 minutes" in "race signal AP".
- 4.3 Launching may only occur when the green flag is flown on the flagpole adjacent to the slipway.

5 Schedule of Races

The race start times are scheduled to be as follows with the warning signal being 5 minutes prior to the start time. The PRO in consultation with present members of the class committee may amend the schedule to suit the conditions.

Saturday 12th October	Briefing	10:15
	Race 1	11:00
	Race 2	To Follow
	Lunch Ashore	
	Race 3	To Follow
	Prize giving	To Follow

6 Class Flag Signals

Class – ILCA 4,6,7

To be confirmed at the briefing



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7 Racing Area

See Appendix 1.

8 Minimum Wind Strength

8.1 Races will not be started unless the Race Officer is satisfied with the wind strength over the whole of the course.

9 The Courses

9.1 The course configuration and the order of rounding of marks, along with the number of laps, will be as shown on the course board on the committee boat.

9.2 Boats **may** be required to pass through a Gate in the course (passing through the start line) to begin a new lap. If this is the case, it will be stipulated on the course board by displaying the singular letter 'G'.

9.3 In the event that the course displayed is changed prior to a race starting, the race officer will, with the appropriate sound signals, indicate this by flying flag C from the committee boat mast.

10 The Marks

10.1 Fixed marks are numbered 1 – 10 and are Orange painted barrels

10.2 Additional moveable marks denoted with letters X (Green barrel), Y (Yellow barrel) and Z (Red barrel) may also be used.

10.3 The approximate positions of the numbered marks are shown in Appendix 1

11 The Start

11.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the start signal (5, 4, 1, Go).

11.2 The start line is defined as the line between the mast displaying an orange flag on the committee boat and an end of line dan buoy flying an orange flag.

11.3 A boat starting later than 2mins after her start will be scored DNS.

12 The Finish

12.1 The finish line will be between the mast displaying an orange flag on the committee boat, and the end of line dan buoy flying an orange flag

13 Time Limit

13.1 The following time limits will apply

Time limit for the first boat to pass Mark 1 = **30 Mins**

Time limit for the first boat to start, sail the course and finish. = **75 Mins**

Time limit for boats to finish **after** the first boat starts, sails the course and finishes = **20 Mins**

13.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.

13.3 Boats failing to finish within the Finishing Window shall be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.



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14 Protests and Requests for Redress

- 14.1 Protests shall be written on forms available from the clubhouse and delivered to the Race Officer within 60 minutes of the last boat finishing the race. If races are sailed "back-to-back", protest forms must be delivered to the Race Officer within 60 minutes of the last boat coming ashore.
- 14.2 The closing time for receipt of protests will be posted on the notice board and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the notice board at the end of the protest time limit.

15 Scoring

- 15.1 Low Point scoring system of Appendix A within the racing rules of sailing will apply, modified as follows:

- a. A boat that does not come to the starting area (DNC), or is disqualified (DSQ), shall be scored points for the finishing place one more than the number of boats entered in the series.
- b. A boat that does not finish (DNF) or retires from racing (RET), comes to the start line but does not start (DNS), is on course side of the starting area at her starting signal and failed to cross the start line correctly, or broke rule 30.1 (OCS) unless they exonerate themselves - shall be scored the points for the finishing place one more than the number of boats competing in that race.

This changes rule A4.2.

- 15.2 Series ties will be broken in accordance with ISAF Appendix A 8.1 and ISAF Appendix A 8.2.
- 15.3 One race to be completed to constitute a series.
- 15.4 If less than three races are sailed, then there will be no discards.
- 15.5 If three races are sailed, then one, worst score race result will be discarded.

16 Safety Regulations

- 16.1 All dinghy sailors will wear approved buoyancy aids, inflated if of that type, at all times when afloat, except briefly to adjust clothing etc.
- 16.2 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.
- 16.3 A boat that retires from a race shall notify the race committee as soon as possible.

17 Declarations

- 17.1 Signing on before each race will not be necessary although it will be necessary to have entered the series and paid the entry fee, to be eligible to start a race.
- 17.2 A declaration must be made ashore, not later than 30 minutes after the end of the last race, to a member of the race management team, of any retirement, not previously declared to the race management team whilst afloat.

18 Equipment and Measurement Checks

Boats will comply with measurement, and other rules, of their respective class associations.

19 Disclaimer of Liability

- 19.1 Competitors participate in the event entirely at their own risk. See RRS 4, Decision to Race. The ILCA Class Association and the organising authority (Burton Sailing Club) will not accept any liability for material damage or personal injury or death sustained prior to, during, or after the event.

"Risk Statement"

Rule 4 of the RRS states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."



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Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event; They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- (b) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- (c) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- (d) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities.
- (e) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as it can be practically provided in the circumstances.
- (f) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face the extremes of weather; that there is crew sufficient in number, experience, and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- (g) The fact that the race committee conducts inspections does not reduce the responsibilities of each competitor set out in the Notice of Race or these sailing instructions.
- (h) The organising authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with, prior to, during, or after the regatta.

20 Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

21 Media Rights

21.1 By participating in this event, a competitor automatically grants to the Organising Authority, the ILCA Class Association, and the sponsors of the event the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped, or filmed television and other reproductions of him/her during the championship, and of all of his/her material related to the championship, without compensation.

21.2 In order to manage the events, information provided by competitors will be held on a database. The management of personal information and images will comply with General Data Protection Regulations. More details are available on request

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Appendix 1 Map of Lake and Marks

