

ILCA Women's Open **14th June 2026**

Organised by Burton Sailing Club in conjunction with the ILCA UK Class Association

Venue: The venue is Burton Sailing Club Foremark Reservoir, Repton Road, Milton, Repton, Derby, DE65 6EG.

Sponsored by: Rooster & Sailingfast

SAILING INSTRUCTIONS

The notation '[NP]' in a rule in the Sailing Instructions (SIs) means that a breach of this rule will not be grounds for a protest or request for redress by a boat. This changes RRS 60.1 and 61.1(a).

1 RULES

See Notice of Race (NoR) 1.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the SIs will be posted no later than 30 minutes before the first warning signal of the race to which the change applies.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Prior to the event any notices and subsequent changes will be posted on the ILCA UK Portal.
- 3.2 During the event, the official notice board will be in the club house notice board near the female changing rooms . Results will also be posted on UKLA website.
- 3.3 The race office is located on the left of the Club house as you look at the front via a door on the side.
- 3.4 [NP][DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the halyards located in front of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 10 minutes' in Race Signals AP.

5 SCHEDULE OF RACES

- 5.1 Six races are scheduled for each fleet.
- 5.2 The scheduled time of the warning signal for the first race is 10:00am. Races will be held back to back with a short break ashore for lunch.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 2 minutes before a warning signal is made.
- 5.4 No warning signal will be made after 16:00.

6 CLASS FLAGS

The class flags will be:

ILCA 4 Yellow flag with ILCA logo

ILCA 6 Green flag with ILCA logo

7 RACING AREA

The racing area will be advised at the briefing.

8 COURSES

- 8.1 The course to be sailed will be displayed on a board on the committee boat prior to the warning signal.

9 MARKS

- 9.1 Marks of the course will be blue canned buoys, along with green, yellow and red. Additionally there may be moveable ones used which will be informed in the race briefing.
- 9.2 The starting marks will be a race committee vessel at the starboard end of the line and an orange danbuoy with an orange flag at the port end.
- 9.3 The finishing marks will be a race committee vessel at the starboard end of the line and an orange danbuoy with an orange flag at the port end.

10 OBSTRUCTIONS [DP]

- 10.1 Boats shall keep clear of fishermen on the bank, especially while fishing, by approximately 20 metres.

11 THE START

- 11.1 Races will be started as follows:

Minutes before starting signal	Visual signal	Sound signal	Means
3	Class flag	One	Warning signal
2	P / U / Black	One	Preparatory signal
1	P / U / Black removed	One long	One minute
0	Class flag removed	One	Starting signal

Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

- 11.2 The starting line is between the staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4 When a boat is subject to RRS 29.1 (Individual Recall), flag X, accompanied by a single sound signal, will be displayed for up to 1 minute. This changes RRS 29.1.
- 11.5 A boat that does not start within three minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.
- 12.2 The race committee is not required to signal the change when the next leg of the course is changed by less than 10 degrees in angle or less than 100 metres in length. This changes RRS 33.

13 THE FINISH

- 13.1 The finishing line is between the staff displaying a blue flag on the signal vessel and the course side of the port-end finishing mark.
- 13.2 If a boat is told they have finished by an official vessel, it shall return to the starting area. That boat will be scored in its last known position. This changes RRS 28.1, A5.1 and A5.2.

14 TIME LIMIT AND TARGET TIME

- 14.1 The race time limit and target time are:
- | | |
|-----------------|-------------|
| Race Time Limit | Target Time |
| 60 minutes | 30 minutes |

- 15.2 Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4(b)(1).

15 HEARING REQUESTS

- 15.1 In addition to RRS 60.2(a)(1), a boat intending to protest shall notify the race committee immediately after finishing or retiring and await acknowledgement.
- 15.2 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the ONB.
- 15.3 Hearing request forms are available from the race office.
- 15.4 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the John Merricks Building.
- 15.5 RRS 61.2(b)(2) and 63.7(b)(2) are changed so that 30 minutes is replaced by 15 minutes.

16 SCORING

See NoR 12.

17 SAFETY REGULATIONS

[DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors is not allowed.
- 18.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorised by the race committee. Requests for substitution shall be made at the first reasonable opportunity, which may be after the race.

19 TRASH DISPOSAL

- 19.1 Trash may be placed aboard official vessels.

20 PRIZES

- 20.1 See NoR

21 INSURANCE

- 21.1 See NoR